



5th MEGHALAYA GAMES

TURA, WEST GARO HILLS
15-20 JANUARY 2024

Detailed Schedule for the 5th Meghalaya Games 2024

15th – 17th January, 2024

5th Meghalaya Games 2024 . TURA					
Sl no.	Sports Discipline	Venue	Schedule		
			(Day 1) Date 15th January 2024		
1	Football	Chandmary Football Ground	08:00 AM (U -18 Yrs Boys) E.J.H Vs Ri-Bhoi		10:00 AM (U -18 Yrs Boys) S.G.H Vs W.G.H
2	Softball	P. A Sangma Stadium	2.00 pm - 2.40 pm	Softball Exhibition Match - (Men) Jaintia Hills . vs. Khasi Hills	
3	Sports Climbing	P. A Sangma Stadium	Demonstration		
4	Shooting	Goeragre 2nd Battalion Ground	8.30 AM to 13.15 PM	.177 AIR PISTOL (NR) CHAMPIONSHIP 10M MEN AND WOMEN INDIVIDUAL	
			8.00 AM	25M SPORTS PISTOL CHAMPIONSHIP WOMEN INDIVIDUAL	
			TIME YET TO CONFIRM	SMALL BORE FIRE RIFLE 50M CHAMPIONSHIP MEN/WOMEN INDIVIDUAL	
				OPEN SIGHT CHAMPIONSHIP MEN/WOMEN INDIVIDUAL	Open Sight Rifle Prone (NR) Championship 50M Men Individual
					Open Sight Rifle Prone (NR) Championship 50M Women Individual
5	Archery	Montfort center for education , School Playground, Danakgre	9.00 am to 12.00 noon	Official Practice + Equipment Inspection - Recurve Women (RW), Recurve Men (RM), Compound Women (CW), Compound Men (CM), Indian Round Women (IW), Indian Round Men (IM)	
6	Badminton	Tura Indoor Hall, Hawakhana	10:00 AM	8 Match (Boys Single), 4 Match (Boys Doubles), 8 (Girls Single) , 4 Match (Girls Doubles)	
7	Basketball		Catgeory	Time	Teams

		Don Bosco College	Men	8:00 AM	W.G.H Vs E.J.H	
				10:30 AM	S.W.G.H Vs W.J.H	
				1:30 PM	S.G.H Vs N.G.H	
				4:00 PM	S.W.K.H Vs W.G.H	
				6:00 PM	S.W.G.H Vs E.G.H	
			Women	9:15 AM	Ri-Bhoi Vs S.G.H	
				11:45 AM	S.W.K.H Vs E.J.H	
				2:45 PM	E.G.H Vs S.W.G.H	
				5:15 PM	N.G.H Vs Ri-bhoi	
8	Golf	Durama Golf course, 200th Bn. BSF, Danakgre	8.00 am	Rules clinic		
			9.00am	Practise round		
9	Karate- D0	Tura Government College	11:00 AM - 12:00 PM	Weighing in, Finalization of draws and Managers meeting		
			1:00 PM - 2:30 PM	Coaches and Managers Meeting		
			3:00 PM - 5:00 PM	Technical Officials Seminar and Briefing		
10	Wrestling	ST. MARY'S HIGHER SECONDARY SCHOOL, TURA	10:00 AM			T O workshops and weigh ins
11	Wushu	Don Bosco School	6:30 AM-8:00 AM	Weighing		
			10:00 AM - 11:30 AM	Coaches/managers meeting & preparing tie sheet		
			11:30 AM - 1:00 PM	Technical Officials Meeting		

2	Shooting	Goeragre 2nd Battalion Ground	TIME YET TO CONFIRM	SMALL BORE FIRE RIFLE 50M CHAMPIONSHIP MEN/WOMEN INDIVIDUAL		
				OPEN SIGHT CHAMPIONSH IP MEN/WOMEN INDIVIDUAL	Open Sight Rifle Prone (NR) Championship 50M Men Individual	
					Open Sight Rifle Prone (NR) Championship 50M Women Individual	
3	Archery	Montfort Center for Education, School Playgroun d, Danakgre	8:30 AM - 1:30 PM	Qualification RoundS (RW/ RM/ CM /CM/ IM)		
			2:00 PM - 3:30 PM	Individual matches		
4	Arm Wrestling	Don Bosco Junior College, Indoor	8:00 AM	Weigh-in		
5	Athletics	Tura Track and Field, Dakopgre	Time	Category	Event	Round
			9:00 AM	Men	1500M	Final
			9:30 AM	Women		
			9:15 AM	Men	High Jump	Final
			10:00 AM	Men	100M	Heats
			10:20 AM	Women		
			1:30 PM	Men	800M	Heats
			1:50 PM	Women		
			2:00 PM	Women	High Jump	Final
			2:15 PM	Men	100M	Final
2:30 PM	Women					
6	Badminton	Tura Indoor Hall, Hawakhan a	10:00 AM	8 Match (Boys Single), 4 Match (Boys Doubles), 8 (Girls Single) , 4 Match (Girls Doubles)		
			2.30 pm	Qtr Final Match / Semi Final 4 Match(Boys Single), 2 Match (Boys Doubles), 4 (Girls Single) , 2 Match (Girls Doubles)		
7	Basketball	Don Bosco College	Catgeory	Time	Teams	
			Men	8:00 AM	W.K.H Vs S.G.H	
				10:30 AM	E.J.H Vs S.W.K.H	
				1:30 PM	N.G.H Vs W.K.H	

				4:00 PM	W.J.H Vs E.G.H
			Women	9:15 AM	S.W.K.H Vs W.G.H
				11:45 AM	S.W.G.H Vs W.J.H
				2:45 PM	E.J.H Vs W.G.H
				5:15 PM	S.G.H Vs N.G.H
				6:00 PM	W.J.H Vs E.G.H
8	Boxing	Don Bosco School, Tura	6:00 AM - 8:00AM	Weigh-in	
			7:00 AM - 8:00 AM	General Check Up by Doctor for Boxers at the venue	
			2:00 PM - 6:00 PM	Pre-Quarter and Quarter Final bouts	
9	Golf	Durama Golf course, 200th Bn. BSF, Danakgre	Tee off time/ Start time(7:00 AM) End of Game/ Round(2:00 PM)		Main Rounds
			3.30 PM		Learn to play Golf Programe
10	Gymnastics	Don Bosco Junior College, Indoor Hall, Tura	9:00 AM		Reporting by Officials & Gymnasts
			9:30 AM - 9:50 AM		Judges Clinic/ Warm up of Gymnasts
			10:00 AM		Competition Manager initiate Competition
			10:05AM - 11:00 AM		WAG VAULTING Senior, Junior and Sub Junior
			11:05 AM - 12:05 PM		MAG VAULTING Open Catgeory
			2:30 PM - 4:00 PM		WAG Balance Beam Senior, Junior and Sub Junior
11	Judo	Don Bosco Junior College, Indoor Hall, Tura	10:00 AM - 11:30 AM		Team Reporting
			11:30 AM - 12:30 PM		Control of Identity and Age
			1:30 PM - 2:00 PM		Draws and Meetings
			3:00 PM		Unofficial Weigh-in
			3:30 PM		Official Weigh-in
			3:30 PM		Boys: 45Kg, 50Kg, 55Kg, 60Kg, 66Kg, +66Kg
			4:45 PM		Girls: 44Kg, 48Kg, 52Kg, 57Kg, 63Kg, +63Kg
12	Karate-Do		10:00 AM - 1:00 PM		Individual and Team Kata(Men & Women)

		Tura Governme nt College	1:00 PM - 2:00 PM		Lunch Break	
			2:00 PM - 4:45 PM		Individual Kumite Women- 45Kg	
					Individual Kumite Women- 50Kg	
					Individual Kumite Men- 50Kg	
					Individual Kumite Men- 55Kg	
			5:00 PM - 6:00 PM		Medal Ceremony	
13	Swimming	Rongkhon Swimming Pool	Time	Category	Event	Heat/Fi nal
			8:00 AM	Men	Freestyle- 100 m	Heats
				Women	Freestyle- 100 m	Heats
				Men	Breast stroke- 100 m	Heats
				Women	Breast stroke - 100 m	Heats
				Men	Back stroke - 100 m	Heats
				Women	Back stroke - 100 m	Heats
				Men	Butterfly stroke - 100 m	Heats
				Women	Butterfly stroke - 100 m	Heats
				Men	Freestyle Relay 4x50 m	Heats
				Women	Freestyle Relay 4x50 m	Heats
				Men	Freestyle Mix Relay 4x50 m	Heats
				Women	Freestyle Mix Relay 4x50 m	Heats
			3.00 pm	Finals & Medal Ceremony		
14	Taekwondo		Time	Events	Category	

		Montfort Center for Education, Basketball court, Danakgre	9:00 AM - 12:00 PM	POOMSAE	Cadet Boys & Girls	
			2:00 PM - 4:00 PM		Junior Boys and Girls	
			4:00 PM onwards	Medals Ceremony Winner of Single Male/ Single Female & mixed pair		
15	Traditional Sports	Don Bosco School, Tura	Events	Category	Time	Teams
			MAWPOIN	MEN	9:00 AM	W.G.H.D Vs W.J.H.D (Demonstration)
				WOMEN	9:00 AM	W.G.H.D Vs W.J.H.D (Demonstration)
			WA'PONG SIKA	MEN	12:00 PM	E.K.H.D Vs W.J.H.D (Demonstration)
			RAH MOO KHRAH	MEN	11:00 AM	E.K.H.D Vs W.J.H.D (Demonstration)
16	Volleyball (Men)	Matcchak olgre, LP School	Time	Teams		
			10:00 AM	S.W.K.H VRS S.G.H		
			11:00 AM	E.K.H. VRS .E.G.H		
			1:00 PM	W.G.H. VRS . W.K.H		
			2:00 PM	N.G.H. VRS . S.W.G.H		
			3:00 PM	W.J.H. VRS . S.G.H		
			4:00 PM	E.J.H. VRS . E.G.H		
	Volleyball (Women)		10:00 AM	W.K.H. VRS .W.G.H		
		11:00 PM	S.W.G.H. VRS . S.W.K.H			
17	Wrestling	ST. MARY'S HIGHER SECONDARY	10:00 AM	Freestyle Wrestling Bouts		

			1:30 PM	Men	Long Jump	Final
			1:35 PM	Men	400M	Final
			1:50 PM	Women		
			2:30 PM	Men	4x10 0M	Final
			2:40 PM	Women		
4	Badminton	Tura Indoor Hall, Hawakhana	10:00 AM	Semi Final Match 2 Match (Boys Single), 2 Match (Girls Single)		
			2.00 pm	Final Match & Medal Ceremony Boys Single, Girls Single, Boys Doubles & Girls Doubles		
5	Basketball	Don Bosco College	Catgeor y	Time	Teams	
			Men	8:00 AM	E.K.H Vs 2nd Position Team of group A	
				10:30 AM	Ri-bhoi Vs 2nd Position Team of Group B	
				1:30 PM	Winner of Group A Vs 2nd Position Team of Group C	
				4:00 PM	Winner of Group B Vs Winner of Group C	
			Women	9:15 AM	E.K.H Vs 2nd Position Team of group A	
				11:45 AM	W.K.H Vs 2nd Position Team of Group B	
				2:45 PM	Winner of Group A Vs 2nd Position Team of Group C	
				5:15 PM	Winner of Group B Vs Winner of Group C	
6	Boxing	Don Bosco School, Tura	6:00 AM - 8:00AM	Weigh-in		
			7:00 AM - 8:00 AM	General Check Up by Doctor for Boxers at the venue		
			2:00 PM - 6:00 PM	Pre-Quarter and Quarter Final bouts		
7	CYCLING	Rongkhon and Darechikgr e	Time		Events	
			7:00 AM		XCO Participants reporting time at ISBT Tura	
			7:30 AM		Junior Men Time Trial Line Up	
			8:00 AM - 10:30 AM		Flag off Junior Men Time Trial Line Up	
			10:00 AM		Sub Junior Men Mass Start Line Up	

			10:30 AM - 12:30 PM		Flag off Sub Junior Men Mass Start	
			12:00 PM		Elite Men Time Trial Line Up	
			12:30 PM - 2:30 PM		Flag Off Elite Men Time Trial	
8	Golf	Durama Golf course, 200th Bn. BSF, Danakgre	Tee off time/ Start time(7:00 AM)		Main Rounds & Prize Distribution	
			12.30 pm		Medal Ceremony	
9	Gymnastics	Don Bosco Junior College, Tura	9:00 AM		Reporting by Officials & Gymnasts	
			9:30 AM - 9:50 AM		Warm up of Gymnasts	
			10:00 AM- 11:00 AM		WAG Floor Exercise Senior, Junior and Sub Junior	
			11:05 AM - 12:00 PM		MAG Floor Exercise Open Category	
			Lunch Break			
			2:00 PM		Medal Ceremony and Concluding Function	
10	Judo	Don Bosco Junior College, Indoor Hall, Tura	9:30 AM		Open Ceremony	
			10:00 AM		Bouts Starts Boys: 45Kg,50Kg, 55Kg, 60Kg	
					Bouts Starts Girls: 44Kg, 48Kg, 52Kg, 57Kg	
			4:30 PM		Medal Ceremony	
11	Karate - Do	Tura Government College	10:00 AM - 1:00 PM		Individual Kumite Women 55Kg	
					Individual Kumite Women 61Kg	
					Individual Kumite Men- 61Kg	
					Individual Kumite Men- 67Kg	
			1:00 PM - 2:00 PM		Lunch Break	
			2:00 PM - 4:45 PM		Individual Kumite Women +61Kg	
					Individual Kumite Men +67Kg	
			5:00 PM - 6:00 PM		Medal Ceremony	
12	Swimming	Rongkhon Swimming Pool	Time	Category	Event	Heat/Final
			8.00 am	Men	Back stroke - 50 m	Heats
				Women	Back stroke	Heats

					- 50 m	
				Men	Butter fly stroke - 50 m	Heats
				Women	Butter fly stroke - 50 m	Heats
				Men	Breast stroke - 50 m	Heats
				Women	Breast stroke - 50 m	Heats
				Men	Freest yle- 50 m	Heats
				Women	Freest yle- 50 m	Heats
				Men	Indivi dual Medle y - 200 m	Heats
				Women	Indivi dual Medle y - 200 m	Heats
				Men	Medle y Relay - 4x50 m	Heats
				Women	Medle y Relay - 4x50 m	Heats
			2:00 PM	Finals & Medal Ceremony		

13	Taekwondo	Montfort Center for Education, Basketball court, Danakgre	Time	Type of Events	Category	
			9:00 AM - 12:00 PM	KYORUGI	Cadet Boys	
			2:00 PM - 4:00 PM		Cadet Girls	
			4:00 PM onwards		Medals Ceremony Winner of all Cadet Weight Categories	
14	Traditional Sports	Don Bosco School, Tura	EVENTS	CATEGORY	TIME	TEAMS
			MAWPO IN	MEN	9:00 AM	W.G.H.D Vs W.J.H.D
					11:00 AM	E.K.H.D Vs W.G.H.D
					1:00 PM	W.J.H.D Vs E.K.H.D
				WOMEN	10:00 AM	W.G.H.D Vs W.J.H.D
					12:00 PM	E.K.H.D Vs W.G.H.D
					2:00 PM	W.J.H.D Vs E.K.H.D
			WA'PON G SIKA	MEN	10:00 AM	E.K.H (A) Vs W.J.H (A)
					10:05 AM	W.G.H (A) Vs E.K.H (A)
					10:10 AM	W.J.H (A) Vs W.G.H (A)
					10:15 AM	E.K.H (B) Vs W.J.H (B)
					10:20 AM	W.G.H(B) Vs E.K.H (B)
					10:25 AM	W.J.H (B) Vs W.G.H (B)
					10:30 AM	E.K.H (C) Vs W.J.H (C)
					10:35 AM	W.G.H (C) Vs E.K.H (C)
					10:40 AM	W.J.H (C) Vs W.G.H (C)
			RAH MOO	MEN	9:30 AM	W.G.H.D Vs W.J.H.D

			KHRAH (TEAM EVENT) LEAGUE		10:30 AM	E.K.H.D Vs W.G.H.D
					1:30 PM	W.J.H.D Vs E.K.H.D
			RAH MOO KHRAH (INDIVI DUAL EVENT) HEATS		2:30 PM	W.G.H (A)
						E.K.H (A)
						W.J.H (A)
						W.G.H (B)
						E.K.H (A)
W.J.H(B)						
15	Vollryball (Men)	Matcchakol gre, LP School	Time	TEAMS		
			9:00 AM	E.K.H. VRS E.J.H		
			10:00 AM	S.W.K.H . VRS. W.J.H		
			11:00 AM	E.G.H. VRS S.W.K.H		
			1:00 PM	S.W.K.H. VRS W.K.H		
			2:00 PM	N.G.H. VRS. E.J.H		
			3:00 PM	W.G.H. VRS W.J.H		
	4:00 PM		S.W.K.H. VRS E.K.H			
	Volleyball (Women)		10:00 AM	W.G.H VRS E.K.H		
			11:00 PM	E.G.H. VRS S.W.K.H		
16	Weightlifting	Sericulture Amphitheater, New Tura	2:00 PM	WOMEN 49kg, 59Kg, 61Kg		
17	Wrestling	ST. MARY'S HIGHER SECONDARY SCHOOL, TURA	10:00 AM	Freestyle Wrestling Bouts		
18	Wushu	Don Bosco School, Tura	8:00 AM - 1 PM		Semi Final (female) Final bout (male)	
			2:40 - 3:20 PM		Medal Ceremony	
			3:35 - 7:30 PM		Semi Final Bout (Female)	