

PRESS RELEASE



NHM Sports Meet 2026 inaugurated today in Mawkyrwat

Mawkyrwat, October 14, 2026: The National Health Mission (NHM) Sports Meet 2026 inaugurated today at the Basketball Court of the Deputy Commissioner's Office Complex, Mawkyrwat, South West Khasi Hills District, under the theme "Wellness Through Sports, Service Through Health", in South West Khasi Hills District.

The sports meet aims to promote physical fitness, wellness, teamwork and a spirit of sportsmanship among healthcare personnel, while highlighting the importance of maintaining good health through sports and physical activities.

Dr. C. Lamin, District Medical and Health Officer (DM&HO), South West Khasi Hills District, also attended the programme as the Chief Guest.



The programme also features addresses by Shri. Kordor Lyngdoh, General Secretary, NEAM, and Shri. Hiporly Talang, Vice-President, DEC, East Khasi Hills-cum-Sports Organising Secretary, K&J, followed by a special performance from South West Khasi Hills District.



The inaugural programme commences with a welcome address by Shri. Skhemboklang Marbaniang, Secretary, District Executive Committee (DEC), South West Khasi Hills, followed by a welcome song presented by the participants from South West Khasi Hills District and a vote of thanks by Dr. Victorius K. Syiemlieh, President, District Executive Committee (DEC), South West Khasi Hills.



The inaugural programme concludes with the flag-off of the NHM Sports Meet 2026 by the Chief Guest like Basketball, Football Men, Futsal Women, Tug of War both Men and Women, Athletics 100m and Relay Race 4x100.

