



PRESS RELEASE



Union Minister for Youth Affairs & Sports Leads Special ‘Sundays on Cycle’ Initiative in Shillong

Shillong, May 31, 2026: A special edition of the “Sundays on Cycle” initiative was organised at the State Central Library, Shillong on May 31, 2026, under the Fit India Movement, in collaboration with Khelo India and the Sports Authority of India (SAI), to promote fitness, healthy living, and community participation.



The event was attended by Dr. Mansukh Mandaviya, Hon’ble Union Minister for Youth Affairs & Sports, Smt. Raksha Nikhil Khadse, Hon’ble Minister of State for Youth Affairs & Sports, and Shri. Wailadmiki Shylla, Hon’ble Sports and Youth Affairs Minister of Meghalaya, along with other dignitaries and hundreds of cycling enthusiasts.

The event highlighted the spirit of the Fit India Movement, encouraging people to embrace an active lifestyle and make physical fitness an integral part of their daily routine. The initiative also underscored the collective commitment towards building a healthier, stronger and fitter India.



Enthusiastic participation from people across different age groups and backgrounds reflected the growing popularity of the “Sundays on Cycle” initiative and its role in raising awareness about fitness, healthy living, and active lifestyles across the country. The successful event in Shillong further reinforced the government's efforts to promote sports, wellness, and community engagement through nationwide fitness campaigns.