GOVERNMENT OF MEGHALAYA

# PRESS RELEASE

## Tura Civil Hospital performs rare, complex surgery for the first time

**Tura, November 21, 2026:** In a significant achievement in healthcare services, a specialist team at the Tura Civil Hospital successfully performed a rare and complicated surgery for the first time recently, on a patient from North Garo Hills suffering from a rare condition known as left-sided diaphragmatic hernia (Bochdalek hernia).

The complex surgical procedure was performed on November 2, under the leadership of Dr. Lee Rozer Ch. Marak, MS (General Surgery), MCh (Paediatric Surgery). The patient had presented with abdominal pain and shortness of breath and was diagnosed with a diaphragmatic hernia, a condition in which vital abdominal organs, including the stomach, intestines and liver, had moved into the left chest cavity instead of remaining in their normal position in the abdomen.

The surgery was particularly challenging as these organs were closely attached to the heart. However, the surgical team carefully separated the organs and repositioned them into the abdominal cavity before successfully repairing the diaphragmatic defect.

The anaesthesia management was equally challenging, with one-lung ventilation employed during the procedure, whereby ventilation to the left lung was temporarily withheld to facilitate the surgery. The anaesthesia was administered by Dr. Stevie Jaseng N. Sangma, MD (Anaesthesia).

The surgery was assisted by Dr. Nagha D. Marak, MS (General Surgery), and Dr. Ruchi D. Momin, General Surgery Postgraduate Trainee. The operation theatre team comprised Sister Sheila K. Sangma, Sister Pattiasa D. Marak, OT Technicians Ibanylla Diengdoh and Pyndap Tang.

Following the successful operation and post-operative recovery, the patient was discharged from the hospital on November 17, 2026.

The successful completion of this complex procedure marks an important milestone for Tura Civil Hospital, demonstrating the growing capacity of the hospital to undertake advanced surgical procedures and provide specialised healthcare services closer to home for the people of Garo Hills.