

Poshan Mela held in Mendipathar

Resubelpara, September 25, 2019: District Programme Officer, ICDS (East & North Garo Hills) along with the converging departments organized a Poshan Mela at Mendipathar Multipurpose Cooperative Society Hall in Mendipathar on Wednesday. Altogether nine stalls were put up by various line departments where varieties of food items were on display.

Addressing the gathering as the Chief Guest, Deputy Commissioner, Shri. S. C. Sadhu, IAS lauded the cooperative effort extended by the converging departments in observing Poshan Maah across the district which is a flagship programme under Poshan Abhiyan. During his speech he emphasized on the need to spread awareness on nutrition and health supplements to all sections of the society. He said “each child should receive proper nutrition from an early age and practiced on sanitation should be a part of the child's upbringing”.

While thwarting on a common misconception that nutrition only means costly diet, he added that nutrition also comes from cheap locally available organic food.

Others who spoke on the event were Bansara Nengnong, DPO (ICDS cell) and Dr Rikrak Ch Marak who deliberated on Anemia and nutrition.

As part of Poshan Mela anemia screening, hand washing demonstration, skit on the importance of care for expecting mothers and prenatal care, prize distribution to winners of extempore and quiz competition were also held simultaneously.

Department of Horticulture took the best stall award during the event.



Deputy Commissioner Shri. Sibhi Chakravarthy Sadhu, IAS visits one of the stalls during the Poshan Mela held in Mendipathar