

Programmes under RCH-II 2009

Activities for Maternal Health:

With the objective to achieve the goal for reduction of MMR, mechanism have been developed to increase ANC & PNC coverage with the activities like improvement of facilities of institution, provision of additional manpower, upgradation of Skill and Health Care providers for providing quality RCH services related to Maternal Health interventions. Some of the Activities undertaken are:

1. Repair & Renovation of Labour Room & other facilities in 16 PHCs and 37 SCs. So far the major and Minor Civil Works have been completed in 10 PHCs and 18 SCs.
2. Upgradation of facilities of CHC/PHC with the provision of Diesel Generator for uninterrupted power supply and provision of Water Tanks to meet the inadequacy water supply. Till date 13 CHCs and 8 PHCs are equipped with Diesel Generator and 17 CHCs & 7 PHCs with Water Tank.
3. Provision of Additional Staff Nurse in identified 24 x 7 PHCs. These PHCs are provided with additional SNs to cope with the work load for providing round the clock RCH services. 55 additional SNs are appointed on contract basis and posted in the 24 x 7 PHCs till date.
4. Under RCH-II efforts are being made to engage specialist in the field of O&G, Pediatrics and Anesthesiology in the CHCs identified as FRUs.
5. Janani Suraksha Yojana is a safe motherhood intervention implemented with the objective of reducing Maternal and Neo-natal Mortality by promoting institutional delivery.
6. Training in Maternal Health :- The Skills of the Health providers in providing Maternal Health Services is upgraded with the following Training Courses conducted under RCH-II programme.

| Sl.No | Type of Training | Training Load Proposed | No. Trained till February 2010 |
|-------|---|------------------------|--------------------------------|
| 1. | Training in Emergency Obstetric care for MOs | 45 | 4 |
| 2. | Life Saving Anesthetics Skills for EmOC for MOs | 18 | 4 |
| 3. | Minilap for MOs | 28 | 26 |
| 4. | RTI/STI for MOs | 143 | 109 |
| 5. | SBA for SNs | 292 | 121 |

The training programme is on going.

II. Activities for Child Health:

In order to achieve the goal for reduction of IMR, the improvement in the services under Maternal Health Interventions are ensured to avoid incidence of deaths due to Neo-Natal Tetanus and complications arising due to low birth weight which are the factors effected IMR. Initiatives like setting up of new born care corners are being initiated to be set up in 26 PHCs of the State, besides financial assistance for referral transport of sick neonates and infants belonging to the the BPL families are provided. The training of Health providers in IMNCI will be initiated after the State Trainers are trained in the designated National IMNCI Training Centres.

III. Activities for Family Planning:

The State is implementing the Family Welfare Planning Programme purely on a voluntary basis, where no compensation/incentives are paid to acceptors, Motivators or Doctors for conducting sterilization operations. However, approach towards population stabilization brought forward under RCH-II/NRHM are being disseminated to the community by addressing the issues like right age of marriage, spacing and encouraged within the use of Temporary Family Planning programme Method. Besides, the skill of Health functionaries are being upgraded from time to time with IUD skill upgradation of courses and Minilap Training etc.

Till February 2009, 277 ANM/LHVs are trained in IUD Skill upgradation courses.

Other initiatives under RCH-II:

- **Adolescent Health:** - Under RCH-II special measures have been taken up to deal with the Health of Adolescent particularly Girls 9 Counselors are engaged on contract basis at the District Hospital/CHC for providing counseling services through routine OPD and for addressing the needs of unmarried and newly married adolescent girls. Efforts have also been made to train the Health functionaries in Adolescent Sexual Reproductive Health for which 109 MOs were trained so far.

- **School Health Programme:** - To reduce the prevalence of common ailments among school going children, School Health Programme are being initiated by the District from the CHC level for which activities like training of School health teams, holding of school health festivals are proposed to be undertaken.
- **Urban RCH:** - In order to improve the Health Status of urban poor , 12 UHCs have been set up, in Shillong (9), Jowai (1) and Tura (2). These UHCs are fully functional and equipped with manpower, equipments and medicines.
- **Programme Management Unit:** - To Strengthen the implementation, management and monitoring of the RCH-II Programme, the State has set up a State Programme Management Unit at the State level. District Programme Management Unit at the District level and Block Programme Management unit at block level, these units are manned with required skilled manpower.