



PRESS RELEASE



DDMA, East Jaintia Hills issues Public Advisory on Rainfall, Thunderstorms and Lightning

Khliehriat, March 17, 2026: In view of the onset of the Monsoon season, there may be possibilities of heavy rainfall, lightning, thunderstorms, hailstorms and landslides in vulnerable areas. All District Heads of Departments are advised to remain alert and prepared to respond to any emergency situation and to instruct field officials to ensure readiness with necessary equipment and manpower to effectively handle any situation. The public is also advised to take necessary precautions, stay updated with weather advisories, and adhere to safety guidelines during rainfall, thunderstorms and lightning.

During rainfall, thunderstorms and lightning, citizens are advised to seek shelter indoors in sturdy buildings or hard-topped vehicles, by avoiding small structures such as sheds, isolated trees and tents. People are advised to stay away from wired electronics & appliances, corded phones, electric poles, fallen power lines and damaged wires; and report hazards immediately to the electricity board. Citizens are also advised to stay away from water or being in any water bodies and should avoid hilltops, open fields, areas near water, and tall objects such as trees, poles, or towers. They are also advised to stay low if caught outdoors without shelter, crouch down with feet together and hands over the ears, avoiding lying flat on the ground.

Citizens are advised to avoid using corded phones and to use mobile phones instead to avoid open spaces, keep windows and doors closed, refrain from leaning on concrete walls or floors, and avoid carrying or being in contact with metal objects such as umbrellas with metal handles or bicycles. If outside, people are advised to use raincoats instead.

In the event of any emergency, the public can report the following Helpline Number:

- Additional Deputy Commissioner Cum CEO, DDMA, East Jaintia Hills – 7005170039.
- District Disaster Management Officer (DDMO) – 8794809841.
- Block Development Officer (BDO), Saipung C&RD Block – 9612106744.
- Block Development Officer (BDO), Wapung C&RD Block – 7005877634.
- Block Development Officer (BDO), Lumshnong C&RD Block - 9615281169.

The District Administration, East Jaintia Hills District urges all citizens to remain cautious, avoid unnecessary travel during severe weather conditions, and cooperate with authorities to ensure safety and preparedness throughout the monsoon season.

This was informed by the Deputy Commissioner & Chairman, District Disaster Management Authority (DDMA), East Jaintia Hills District, Khliehriat.