

CELEBRATING

NATIONAL SPORTS DAY 2026

HONOURING THE LEGACY OF
MAJOR DHYAN CHAND

KHELEGA BHARAT, JEETEGA BHARAT



*"A True Sportsman Plays
For The Glory Of The Game,
Not For Personal Gain."*
- Major Dhyhan Chand

5K RUN

FOR FUN



ORGANISED BY

OFFICE OF THE DISTRICT SPORTS OFFICER (WKHD)

IN COLLABORATION WITH

THE DISTRICT ADMINISTRATION

THROUGH DISTRICT SPORTS PROMOTION SOCIETY (DSPS), WKHD



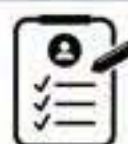
Date & Time

28th August 2026
6:00 AM



Start & Finish Point

Indoor Stadium,
Ladweitang,
New Nongstoin



Registration

Office of the District Sports
Officer, WKHD

OPENS ON
24TH August 2026
(during office hours)



Participant Perk

Free NSD
T - Shirt for all
participants



5k Route

Indoor Stadium Ladweitang → Proceed towards DSO → Turn left towards Market road
Proceed to Nonbah → Turn left towards Post Office → Proceed to Ladweitang →
Indoor Stadium (Finishing Point)



OPEN TO ALL AGE GROUPS
(Men & Women)

FOR MORE DETAILS: Contact the District Sports Office
West Khasi Hills District, Nongstoin