

## International Women's Day celebrated in NGH

**Resubelpara, March 9, 2020:** Marking the global celebration of International Women's Day, the same was observed in North Garo Hills district at Bakrapara Multi Facility Hall in Resubelpara on Monday. Organized by the District Social Welfare Officer, NGH the programme was graced as the chief guest by the Deputy Commissioner, S C Sadhu along with various heads of line departments.

The assembly which comprises largely by women folk also saw a participation of a handful of men honouring the contributions and achievements of women in diverse fields.

Mr Sadhu in his speech quoted the theme for the celebration under "I am Generation Equality: Realising Women's Rights" said that the theme reflects the need to allow women's voices be heard in all important decision making as well as giving them equal participation in all spheres of life be it social, cultural, political or economic.

"Women's right to equality is an inalienable right and therefore women should feel empowered to exercise their rights" said Mr Sadhu while urging women to understand their rights and inculcate the same amongst them.

During the day, Poshan Pakhwada was also launched by the chief guest to mark the second anniversary of the Central government's campaign against malnutrition. Poshan Pakhwada is a fortnight programme beginning from 8<sup>th</sup> to 22<sup>nd</sup> March reiterating the importance of nutrition among growing children, pregnant and lactating mothers, apprised Norimchi Sangma, CDPO, ICDS Cell.

Among others who spoke on the event were M D Areng, DSWO who highlighted the concept of celebration of International Women's Day and Dr W K Marak, senior medical and health officer, Resubelpara CHC briefed the gathering on Coronavirus; it do's and don'ts.



**Staff of One Stop Centre, NGH put up a skit on Violence against Women at the celebration on International Women's Day in Resubelpara**