

GOVERNMENT OF MEGHALAYA
OFFICE OF THE ADDITIONAL DIRECTOR GENERAL OF POLICE(CID)
MEGHALAYA::: SHILLONG

ADVISORY ON “BLUE WHALE GAME”-THE SUICIDE GAME

The game, created by Philipp Budeikin, is directly targeting children and encouraging them to harm themselves by completing 50 different challenges with the final challenge being suicide. The game is linked to the deaths of more than 100 young people around the world.

It has been reported that when kids accept the game; the administrator gets some personal information from them. Each challenge becomes more dangerous than the last. In case children want to leave or terminate the challenge earlier, the administrator threatens with exposure or harm to their family. When the 50th day comes, a curator instructs the participants on how to commit a suicide.

HOW TO PROTECT YOUR CHILD:

Look out for following Signs and symptoms:

- Visible marks like deep cuts or wounds on any part of the body of the child.
- Becoming withdrawn from friends and family
- Persistent low mood and unhappiness
- Child seems to be worried that stops him/her from carrying out day to day tasks
- Sudden outbursts of anger directed at themselves or others
- Loss of interest in activities that they used to enjoy

Use Parental Control Software’s: Know. Prevent. Protect.

- It allows seeing of all keyboard strokes made on your kid’s device. So if a kid gets a challenge to do something harmful, they will Google how to do that so you can catch it right away.
- It is advisable to monitor your kid’s search history and get useful insights. They will help you see the state of a mind of your kid.
- View your child's: text messages, call logs, search history, communication via Facebook, Snapchat, WhatsApp, etc. Moreover, try to limit apps’ usage and block sites promoting dangerous activities.

Talk to your kid about the game

Ask if they have heard about this at school or anywhere else. If you hear this Game is being spread at your child’s school or any other environments, ring alarm bells and raise awareness among concerned authorities including teachers and parents.

Sd/-

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Meghalaya, Shillong